

Nathalia-Martins

Boy / 1.77 Göğüs / 84 Bel / 62 Kalça / 94 Ayakkabı / 39 Göz / Kahverengi Saç / Kahverengi

































ONE PIECE WONDER

A high-flying career in modeling ensured that **Nathalia Kaur** was always in the limelight, but the thing that kept her flying is her strong morals, discipline & ethics. "Sometimes we question ourselves about the paths we've taken and how different could it be otherwise, but what comforts me is to know that all my choices led me here, and we are exactly where we were supposed to", she says.

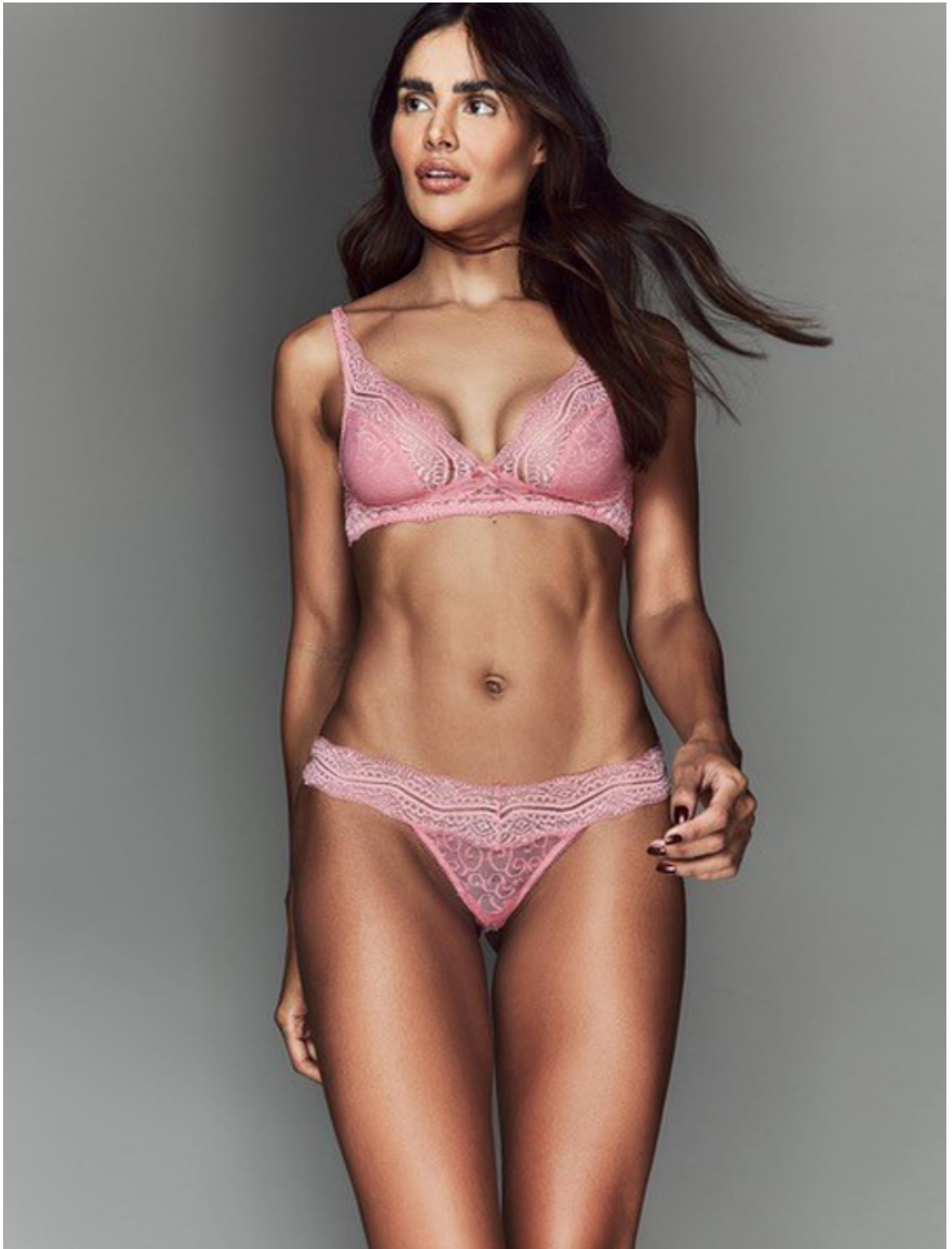
In the age of #bodypositivity roaring so strongly on social media platforms, it's highly important to keep the real parameters of fitness while evaluating our physical appearance. She says, "From my perspective, there are no parameters. The foundation of body positivity should, following your guides. You must be comfortable under your skin but it doesn't mean you shouldn't treat your body well either."

Our bodies are our tools for living and functioning and we should treat them the best, so they would function well and comfortably. And that comes from self-love, nutritious food, regular exercising, pampering ourselves, and understanding that we are the same by being different. Being different is not ugly, we are all unique pieces". >>

LE PETITE PARIS

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