

en

Boy / 1.76 Göğüs / 87 Bel / 63 Kalça / 93 Ayakkabı / 39 Göz / Mavi Saç / Kahve



This page: single-breasted  
jacket, £199, LK Bennett.  
Velvet hat, £80, Paul & Joe.  
Jet choker, £30, Oasis.  
Shearling stole,  
£225, Whistles

Opposite: pinstripe belted  
jacket, £210; side-pleat  
skirt, £120, both Amaya  
Arzuaga. fake-fur  
stole, £18; silver hoop and  
drop-chain earrings, £8,  
both Oasis







# SHAPE



APRIL 2004 £2.80

**LOOK BETTER NAKED!**

Quick fixes for  
a sexier body

**Male infertility:**  
when his problem  
becomes yours

**Beat your energy  
slumps** PAGE 58

**SPRING  
BEAUTY  
SPECIAL**

79 ideas for  
total radiance

**131 EASY  
WAYS TO  
GET SLIM**

✓ eat what you like  
✓ results guaranteed

**Are you in  
diet denial?**

The real reason  
you can't lose  
weight PAGE 38

**8** steps to  
super  
health

**SUCCESS  
STORY**

I'm **half** the  
size I used to be

**WIN!**  
**£4,500**  
**WORTH OF**  
**LUXURY**  
**TREATS**

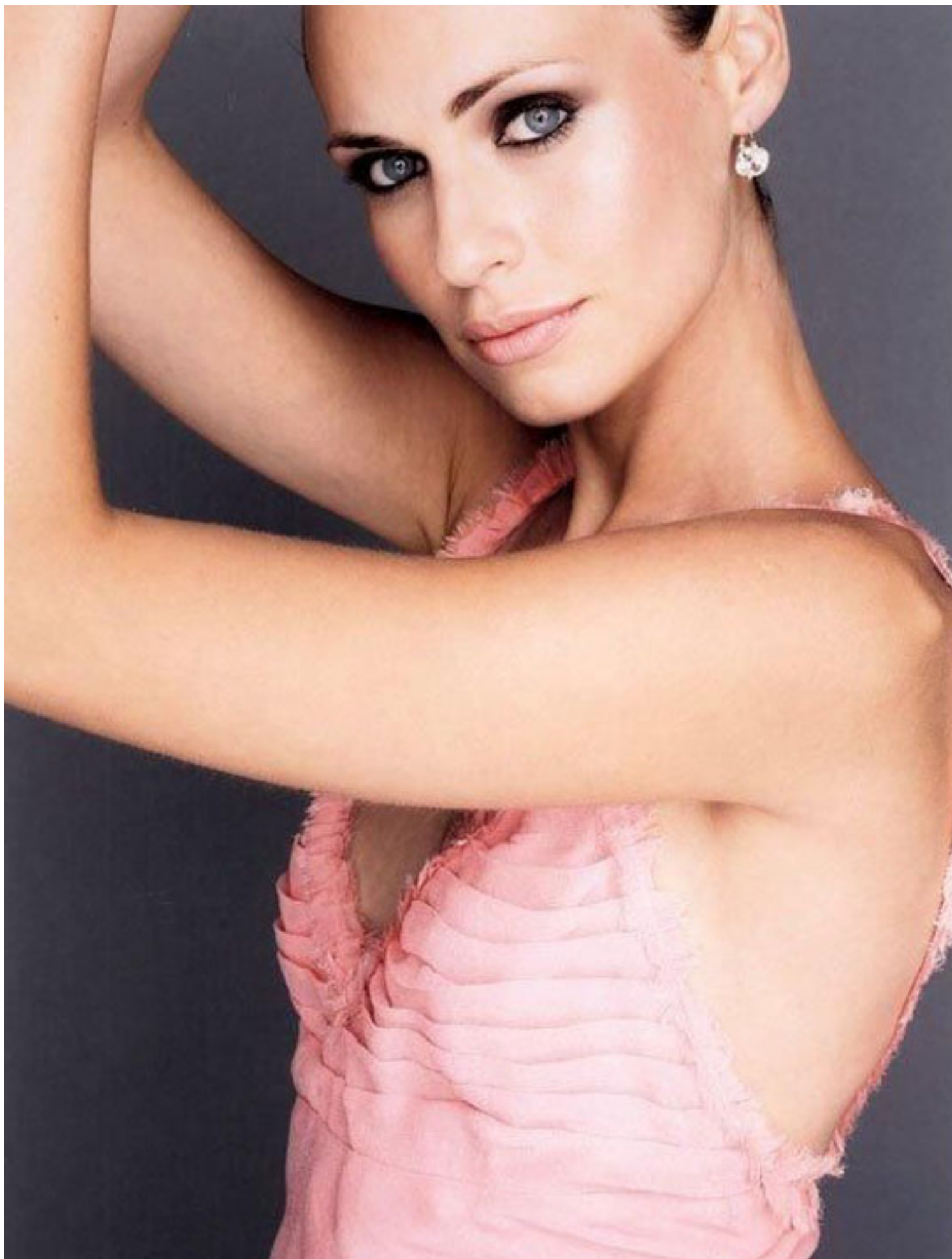


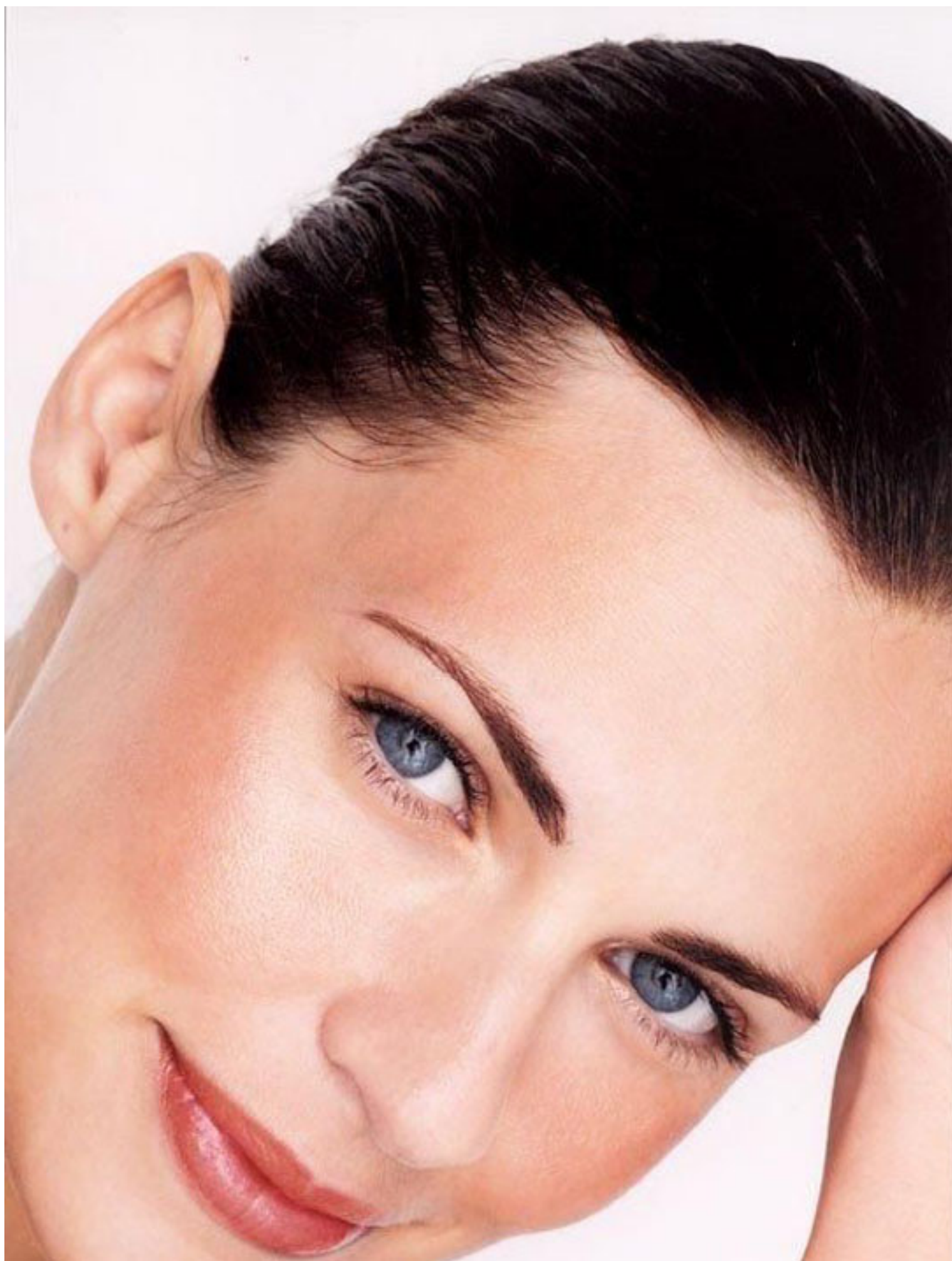
*cosmo's most wanted*

Dress, £30, La Senza >











  
feel the beauty

*Sleeping  
Beauty...*

כשאת ישנה,  
העור שלך מתעורר...


**RELAX NUIT**

קרם לילה משקם הפועל  
בשנתך, מן מסימני הזדקנות,  
מזין, מחייה ומרגיע את עורך.









This page: herringbone belted jacket, £195; matching skirt with leather detail, £150, both Whistles. Silver lozenge bracelet, £35, Monet. Fishnets, £6, Aristoc

Opposite: double-breasted wool and cashmere jacket, £449; matching trousers with turn-ups, £269, both Nicole Farhi. Toe-cap lace-up shoes, from £295, Moschino. Fishnets, £6, Aristoc. Angora beret, £12, Oasis. Multi-strand pearl necklace, £48, Agatha



